

Primary Regular Lunch September / 2010

Monday	Tuesday	Wednesday	Thursday	Friday
		1 PORK CHOP RANCH POTATOES FRESH COLLARDS PEACHES JUICE Cornbread, WW MILK	2 Spaghetti WW /Meat Sauce Romaine Caesar Salad GRAPES JUICE BREAD STICKS Chocolate Pudding MILK	3 Pizza, Pepperoni Italiana WW Pasta Sweet Potato Sticks FRUIT COCKTAIL JUICE Cookie, M&M MILK
6	7 BBQ CHICKEN CABBAGE Steamed, Fresh Apples, Sliced JUICE Rolls, WW (2.1 oz) MILK	8 Chicken Sandwich/WW Bun CONDIMENTS LETTUCE & TOMATO Glaze Carrots/Fresh PINEAPPLE JUICE VANILLA PUDDING MILK	9 Meatloaf/sm GREEN BEANS GRAPES JUICE Rolls, WW (2.1 oz) YOGURT MILK	10 Chicken Sandwich/WW Bun LETTUCE & TOMATO CONDIMENTS PINTO BEANS MANDARIN ORANGES JUICE CHOCOLATE CAKE, small MILK
13 Vegetable Beef Soup CHEESE Sandwich, WW ORANGES JUICE CINDERELLA CAKE MILK	14 Red Beans/Sausage RICE, Brown PINEAPPLE JUICE VANILLA PUDDING MILK	15 CHICKEN NUGGETS FRESH COLLARDS PEACHES JUICE Rolls, WW (2.1 oz) KETCHUP MILK	16 CHILI CON CARNE W/ BEANS/sm Sweet Potato, Baked GRAPES JUICE CHOCOLATE CAKE Rolls, WW (2.1 oz) MILK	17 Pizza, Sausage Italiana WW Pasta Spinach Salad, fresh APPLE Wedges JUICE Brownie, Whole Grain MILK
20 BURRITTO /WW BAKED BEANS Mexicali Corn Kiwi/Strawberries JUICE MILK	21 CHICKEN POT PIE GREEN PEAS PEACHES JUICE Rolls, WW (2.1 oz) MILK	22 Grilled Chicken/WW Bun CONDIMENTS LETTUCE & TOMATO Spinach Salad, fresh APPLE Wedges JUICE MILK	23 HAMBURGER STEAK MASHED POTATOES FRESH COLLARDS PEARS JUICE Rolls, WW (2.1 oz) Chocolate Pudding MILK	24 BBQ Pork/WW BUN FRENCH FRIES Carrot/Raisin Salad GRAPES JUICE SUGAR COOKIE MILK
27 SLOPPY JOE/WW OVEN FRIES PEAS AND CARROTS APPLE JUICE MILK	28 OVEN FRIED CHICKEN RICE, Brown CABBAGE Steamed, Fresh PEARS Rolls, WW (2.1 oz) JUICE MILK	29 P/B/J/WW BREAD POPCORN VEGETABLE DIPPERS PINEAPPLE JUICE MILK	30 CHICKEN NUGGETS KETCHUP PINTO BEANS Carrots, Fresh, Steamed MANDARIN ORANGES JUICE MILK	

Primary Bar Lunch September / 2010

Monday	Tuesday	Wednesday	Thursday	Friday
		1 TACO Soft WW, Primary LETTUCE/TOMATO Corn/BlackBean Salsa FRESH COLLARDS PEACHES JUICE MILK	2 Romaine Salad/ Turkey (1.5 oz) Salad Additions, Fresh Ranch Dressing GRAPES JUICE Rolls, WW (2.1 oz) Chocolate Pudding MILK	3 Ham/Cheese Potato, small Spinach Salad, fresh Potato Condiments FRUIT COCKTAIL Chocolate Chip Cookie JUICE Rolls, WW (2.1 oz) MILK
6	7 Romaine Salad/ HAM(1.5 oz) Salad Additions, Fresh Ranch Dressing CABBAGE Steamed, Fresh Apples, Sliced JUICE Rolls, WW (2.1 oz) MILK	8 TACO Soft WW, Primary LETTUCE/TOMATO Glaze Carrots/Fresh PINEAPPLE JUICE VANILLA PUDDING MILK	9 Romaine Salad/ Turkey (1.5 oz) Salad Additions, Fresh Ranch Dressing GRAPES JUICE Rolls, WW (2.1 oz) YOGURT MILK	10 Chili/Cheese Potato, Primary Potato Condiments MANDARIN ORANGES Rolls, WW (2.1 oz) CHOCOLATE CAKE JUICE MILK
13 Egg & Cheese WW Wrap, small GRITS Broccoli, fresh steamed ORANGES CINDERELLA CAKE JUICE MILK	14 Romaine Salad/ Turkey (1.5 oz) Salad Additions, Fresh Ranch Dressing Sweet Potato, Baked PINEAPPLE VANILLA PUDDING JUICE MILK	15 TACO Soft WW, Primary LETTUCE/TOMATO Carrots, Fresh, Steamed PEACHES JUICE MILK	16 Romaine Salad / Chicken1.5 oz. Salad Additions, Fresh Ranch Dressing CORN, WK GRAPES JUICE CHOCOLATE CAKE, small MILK	17 Ham/Cheese Potato, small PINTO BEANS Potato Condiments Spinach Salad, fresh APPLE Wedges Brownie, Whole Grain JUICE Rolls, WW (2.1 oz) MILK
20 Breakfast Burrito REFRIED BEANS Mexicali Corn Broccoli, fresh steamed Kiwi/Strawberries JUICE MILK	21 Romaine Salad / Chicken1.5 oz. Salad Additions, Fresh Ranch Dressing GREEN PEAS PEACHES JUICE Rolls, WW (2.1 oz) MILK	22 TACO Soft WW, Primary LETTUCE/TOMATO Spinach Salad, fresh APPLE Wedges JUICE MILK	23 Romaine Salad/ Turkey (1.5 oz) Salad Additions, Fresh Ranch Dressing PEARS JUICE Rolls, WW (2.1 oz) Chocolate Pudding MILK	24 Chili Stuffed Potato, Sm Potato Condiments Carrot/Raisin Salad GRAPES JUICE SUGAR COOKIES Rolls, WW (2.1 oz) MILK
27 Romaine Salad w/ Chicken,2 oz. Intern. Bar Extras SALAD DRESSING PEAS AND CARROTS APPLE Wedges Rolls, WW (2.1 oz) JUICE MILK	28 Turkey & Cheese/WW CONDIMENTS LETTUCE & TOMATO Sun Chips,Original CABBAGE Steamed, Fresh PEARS JUICE MILK	29 Taco Bar w/Chips SOUR CREAM TACO SAUCE LETTUCE/TOMATO PASTA SALAD WW VEGETABLE DIPPERS PINEAPPLE JUICE MILK	30 Romaine Salad w/ Turkey(2oz) Salad Additions, Fresh SALAD DRESSING Carrots, Fresh, Steamed PINTO BEANS MANDARIN ORANGES Rolls, WW (2.1 oz) JUICE MILK	



Primary Breakfast

September / 2010

Monday	Tuesday	Wednesday	Thursday	Friday
		1 CHICKEN PATTY CEREAL Biscuit, WW JELLY FRUIT CHOICE JUICE MILK	2 CEREAL HAM SLICE TOAST/WW JELLY FRUIT CHOICE JUICE MILK	3 BREAKFAST PIZZA CEREAL TOAST/WW JELLY FRUIT CHOICE JUICE MILK
6	7 CEREAL BAR CEREAL SAUSAGE LINK APPLESAUCE JUICE MILK	8 HAM SLICE CEREAL Biscuit, WW JELLY FRUIT CHOICE JUICE MILK	9 GRILLED CHEESE CEREAL TOAST/WW JELLY FRUIT CHOICE JUICE MILK	10 SAUSAGE PUP SYRUP CEREAL TOAST/WW JELLY FRUIT CHOICE JUICE MILK
13 HAM SLICE CEREAL Biscuit, WW JELLY FRUIT CHOICE JUICE MILK	14 WAFFLE STIX SYRUP CEREAL SAUSAGE LINK BLUEBERRIES JUICE MILK	15 Egg/Cheese Croissant CEREAL TOAST/WW JELLY FRUIT CHOICE JUICE MILK	16 CHEESE EGGS CEREAL TOAST/WW JELLY FRUIT CHOICE JUICE MILK	17 BREAKFAST PIZZA CEREAL TOAST/WW JELLY FRUIT CHOICE JUICE MILK
20 SAUSAGE LINK CEREAL TOAST/WW JELLY FRUIT CHOICE JUICE MILK	21 Pizza, Cheese CEREAL FRUIT CHOICE JUICE MILK	22 SAUSAGE PATTY CEREAL FRENCH TOAST STIX SYRUP FRUIT CHOICE JUICE MILK	23 CHICKEN PATTY CEREAL Biscuit, WW JELLY FRUIT CHOICE JUICE MILK	24 SAUSAGE PATTY CEREAL PANCAKES SYRUP FRUIT CHOICE JUICE MILK
27 OATMEAL CEREAL CINNAMON BUN FRUIT CHOICE JUICE MILK	28 CEREAL BAR CEREAL CHEESE GRITS FRUIT CHOICE JUICE MILK	29 SCRAMBLED EGGS CEREAL TOAST/WW JELLY GRAPES JUICE MILK	30 SAUSAGE PATTY CEREAL TOAST/WW JELLY FRUIT CHOICE JUICE MILK	